

BOLDNESS

COMPASSION

GENEROSITY

LOVE

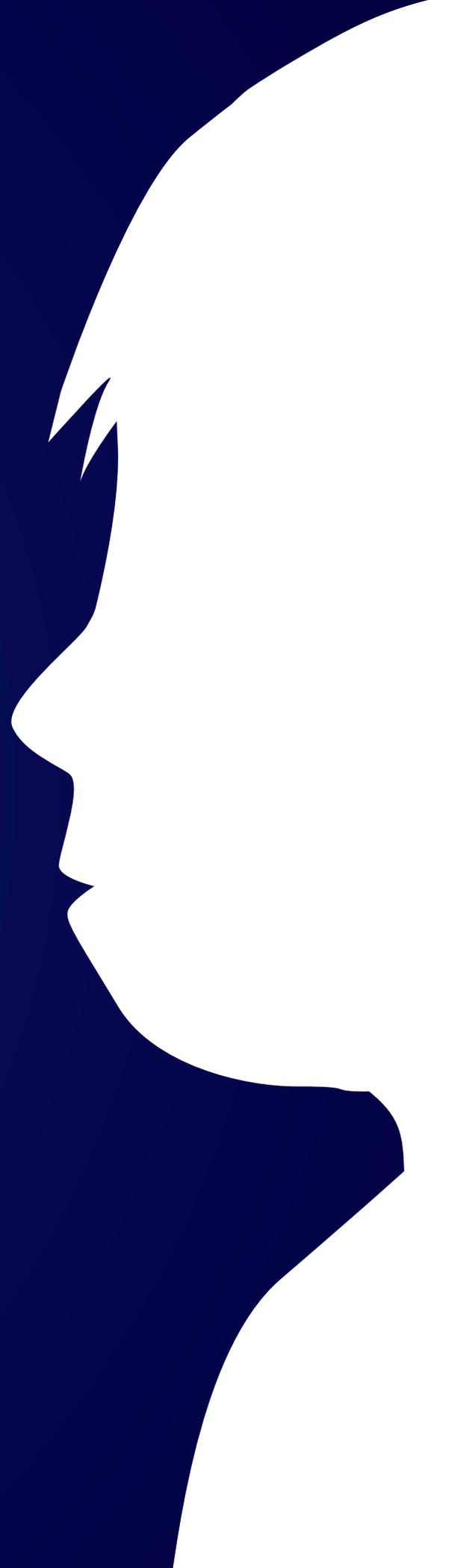
PERSEVERANCE

CONFIDENCE

**INSIDE
AND
OUT**

SEVEN ELEMENTARY-AGE LESSONS

BASED ON THE VINEYARD VALUES





“Fix your attention on God. You’ll be changed from the inside out.” *Romans 12:2*

When kids focus their attention on God—really focus on who he is and what he has for them in his Kingdom—they can’t help but be changed from the inside out!

Boldness overpowers fear. Self-interest yields to compassion. Insufficiency is replaced by generosity. Because they truly experience the love God pours out on them in Jesus, they begin to passionately love Jesus in return!

Consequently, they may persevere when the way gets difficult, with growing confidence that their identity and future is secure in God. Because the Holy Spirit lives in them, even kids can make a big difference in the world!

You’re leading the super-media generation, raised on sound bites and visual images that change every 2.8 seconds. It’s easy to lose their attention—and it’s incredibly precious once gained! If you’ve invested the time to build relationship with them, you’ve earned kids’ trust. Don’t blow that “trust credit” on a yawn-inducing teaching presentation.

The teachings in this series go deeper than the typical Sunday School Bible story. They challenge a kid’s “everyday,” and use real-life stories, lots of images, and frequent video clips to keep kids’ short attention “clocks” re-setting back to zero. You’ll capture kids’ imaginations and prepare them for worship and ministry times that will help them experience the real power that can change them Inside and Out!

**INSIDE
AND
OUT**



LESSON ONE

CHANGED

As kids focus their attention on God—who he is and the new life he offers them in his Kingdom—they will experience the life-changing power of the Holy Spirit.

THE VERSE Fix your attention on God. You'll be changed from the inside out. *Romans 12:2 (MSG)*

THE POINT Jesus can change me from the inside out.

THE FOCUS Saul's life was completely changed, inside and out, when his attention was captured by Jesus.

THE VALUE Partner with the Holy Spirit

References: Acts 8:1; 9:1–19; 2 Corinthians 3:18

LESSON TWO

BOLDNESS

Boldness is a willingness to get things done despite risks. A child who relies on the Holy Spirit can have boldness to share the good news of the kingdom with her friends.

THE VERSE Since this new way gives us such confidence, we can be very bold. *2 Cor. 3:12 (NLT)*

THE POINT Jesus can make me bold for him.

THE FOCUS Meeting Jesus changed the purpose of Paul's life. He took bold risks to tell everyone about Jesus.

THE VALUE Reconcile People with God and All creation

References: Acts 9:19–25; Acts 20:22–24; Romans 1:16

LESSON THREE

COMPASSION

Compassion is the feeling that arises when you are confronted with another's suffering and feel motivated to help. A child with compassion stands up for kids who are bullied.

THE VERSE As God's chosen people, holy and dearly loved, clothe yourselves with compassion. *Colossians 3:12 (NIV)*

THE POINT Jesus can give me compassion like his.

THE FOCUS Kids see and hear practical ways to obey the biblical direction to "clothe" ourselves with compassion.

THE VALUE Engage in Compassionate Ministry

References: Lamentations 3:22; 1 John 1:9

LESSON FOUR

GENEROSITY

Generosity is the virtue of not being tied down by concerns about one's possessions; liberally giving and sharing. A child with generosity shares with those who are overlooked.

THE VERSE We must remember the words of the Lord Jesus. He said, "It is more blessed to give than to receive." *Acts 20:35 (NIRV)*

THE POINT Jesus can give me generosity like his.

THE FOCUS Kids see God's generosity, Paul and Barnabas's generosity, and new believers' generosity to the church in Jerusalem.

THE VALUE Partner with the Holy Spirit

References: Psalm 104:10–15; John 3:16; Acts 11:19–30

LESSON FIVE

LOVE

The definition of real love is God's love for us... truly experiencing that love in Jesus will help kids to develop a passionate heart for Jesus and love for others.

THE VERSE And may you have the power to understand . . . how wide, how long, how high, and how deep his love is. May you experience the love of Christ. *Ephesians 3:18-19 (NLT)*

THE POINT God's amazing love can fill me so I can love others.

THE FOCUS Kids see examples of what love looks like (such as described in 1 Corinthians 13:4-8) when lived out in everyday life.

THE VALUE Experience and Worship God

References: 1 John 4:8; 1 Corinthians 13:4-8; Romans 5:8; Psalm 34:8

LESSON SIX

PERSEVERANCE

Perseverance is continuing to try to do something despite experiencing difficulty. Perseverance helps Jesus followers uphold his kingdom values even if their friends try to convince them differently.

THE VERSE You need to persevere so that when you have done the will of God, you will receive what He has promised. *Hebrews 10:36 (NIV)*

THE POINT Jesus can give me perseverance like his.

THE FOCUS Kids see a biblical description of perseverance from the example of a runner in Hebrews.

THE VALUE Partner with the Holy Spirit

References: Isaiah 40:28-29; John 15:5; Psalm 121; John 16:33; Hebrews 12:1-3

LESSON SEVEN

CONFIDENCE

Confidence is being certain that, with Jesus, my relationship with God, identity, and future are secure in him. A child who follows Jesus has confidence that he or she can make a difference in the world.

THE VERSE But blessed is the one who trusts in the LORD, whose confidence is in him. *Jeremiah 17:7 (NIV)*

THE POINT Jesus gives me confidence the Holy Spirit lives in me so I can show his love to the world.

THE FOCUS Our value and confidence comes from being loved and created by God to be his image-bearers.

THE VALUE Pursue Culturally Relevant Mission in the World

References: Romans 8:38-39; Ezekiel 1:1, 4-9, 22-28; John 15:5b; Philippians 4:13



Choose from **10** different **COMPONENTS**
—up to 105 minutes—
to fit your **UNIQUE FORMAT AND PRIORITIES**

5
min



WELCOME

Fun, relational activities to help “break the ice”, a brief review of the rules, and a spot for offering and announcements before your lesson begins.

Purpose: kids feel relaxed and included as they are introduced to the lesson.

ICEBREAKER - An activity to break down barriers or shyness between kids, making it possible for friendships to grow. And friendships keep kids coming back!

INTRO - Warm up kids’ brain cells with a thought-provoking question they’ll be eager to answer and helps direct their thinking toward the point of the lesson.

RULES - Rules help kids know what to expect and what’s expected of them, so even new kids feel like members of the group.

OFFERING - God’s been very generous to us—he’s given us everything we have! God loves it when our kids are generous, too.

ANNOUNCEMENTS - Take a few moments to celebrate recent birthdays and let kids know about coming events relevant to them.

10
min



LOW ENERGY ACTIVITY

Hilarious fun to help keep kids occupied while waiting for parents, waiting for your program to begin, etc.

Purpose: kids build relationships with each other and their leaders in a calm and controlled environment.

Most of the activities require no supplies—making them very easy to implement. Since the kids don’t need to move around a lot, they don’t require a lot of space, either!

15
min



SMALL GROUP LESSON

Activities and discussion questions for your small group leaders to use to facilitate a small group time.

Purpose: kids talk about the lesson with their leader and other kids and think through what it will look like lived out in their everyday lives.

Give your small group leaders the lessons several days in advance so they can read through them, pray about for the lesson and the kids, think about examples to share from their personal lives, and prepare their own hearts by reading the devotional. Your leaders will be more successful if they're able to maintain eye contact with their group of kids, because they're well-prepared.

15 min  **CRAFT ACTIVITY**

Fun crafts and concept-related discussion to help kids remember the lessons long after they go home.

Purpose: kids learn about the lesson through sensory-friendly activities and guided conversation.

Simple instructions pages comes with a photo of the completed craft, a list of supplies needed (including links to online sources for supplies), and directions for making the craft.

The colored text boxes contain questions you can use to direct the “table talk” during craft time to help kids go deeper in their responses to the lesson. You may not say every word or ask every question—even one question can lead to exciting spiritual discoveries with kids and the Holy Spirit!

15 min  **HIGH ENERGY GAME**

Some of the most fun you can have indoors! With only minimal supplies, you can build community and create momentum and excitement.

Purpose: kids get moving, have fun, and build community.

Requires enough floor space to allow all participants room to move freely. If your space is limited, try dividing your group and rotating a portion of kids through each time.

TIP: Read through each game carefully. Make sure you understand it completely and can visualize how it will be played. Collect supplies and have them ready to go so kids don't have to wait for you to grab anything.

TIP: Games are much more fun when played to music! Make a Game Themes playlist and have someone in the back controlling the music—a mix of TV show themes, game show themes, or video game themes. Kids will love it!

5 min  **SKIT**

Humorous illustration of the biblical or life point. A cast of two and simple props are all that's needed.

Purpose: kids experience the lesson in an entertaining and humorous way.

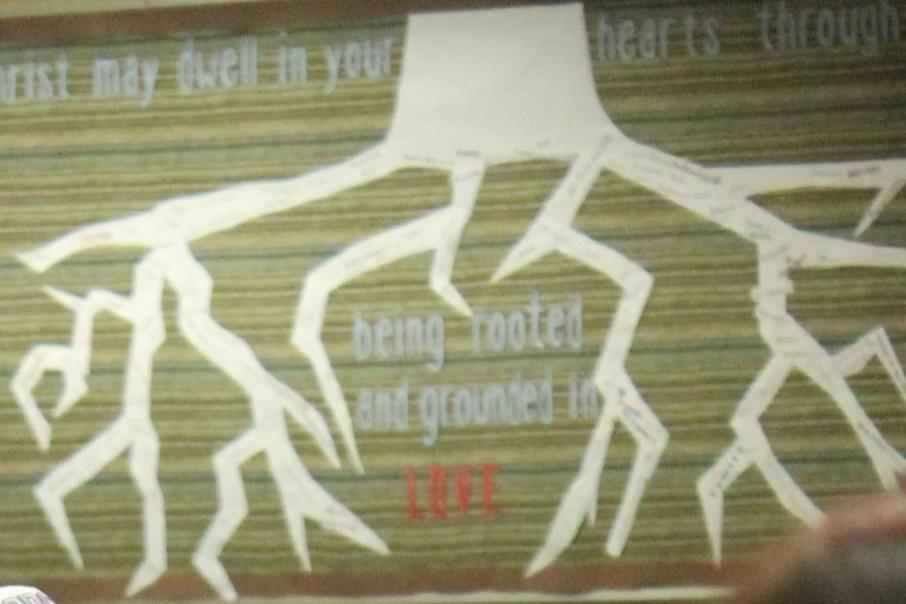
Reece is a brainiac who loves knowing cool stuff, but doesn't like nonsense. Costume Reece like a geek, nerd, or honor-student-type.

Rowdy can be silly sometimes, but is really a fun-loving learner. Give Rowdy a colorful costume with playful touches such as silly socks or a quirky hat.

TIP: Having the same pair of actors (can be male or female) throughout the series, separate from your teachers, is a great way to provide a “change of voice” during your lesson time.

TIP: For the most effective performances, have the actors rehearse, memorize their lines, and practice their “blocking”—how they're going to move around the “stage” during their performances.

so that Christ may dwell in your hearts through



being rooted
and grounded in

LOVE



20
min



LARGE GROUP LESSON

The main Bible teaching time. You will always want to choose this! There are videos and slides to support each lesson.

Purpose: kids hear the point, the Bible verse, the story from Scripture, and everyday-life examples of the lesson.

Each Large Group Lesson is supported with illustrating slides and video clips. Some have suggestions for props, and many allow kids from the audience to participate in the presentation. Although the lessons are content-rich, they're also designed so that something new happens visually, re-capturing kids' attention, every few minutes.

TIP: *This part of the lesson should be given to your most gifted communicator.*

10
min



WORSHIP

We've curated worship music for each lesson that expresses a kid's heart towards God, responds to *Inside and Out* concepts, and is fun to sing!

Purpose: kids sing songs that express a heart toward God, are fun to sing, and are simple to learn.

Worship videos are easy to use—even if you don't have a kids' worship team. We've provided a link to some good ones for you to check out on YouTube.

You'll notice the songs are re-used several times. This is purposeful. Kids enjoy songs that they know well, so we want them to have a chance to really get to know these.

TIP: *If you like to include motions or dance moves with your kids' songs, that would make a great addition!*

TIP: *To use the songs successfully with younger elementary kids, don't turn the volume (or boost the bass) up too loud! Younger kids' ears are more sensitive to volume than most adults.*

5
min



MINISTRY TIME

Time is set aside for kids to listen to God. Simple activations help group leaders guide kids to experience the presence of the Holy Spirit.

Purpose: kids focus their attention on God and let the Holy Spirit work to make them new creations.

We've provided directions for simple activations that will help even inexperienced small or large group leaders guide a kid-friendly Ministry Time. The activation activities help kids practice listening to God, inspire reflection, and let kids exercise their skills in praying for one another.

TIP: *If your kids are unfamiliar with how to listen to the Holy Spirit when they pray, check out *The Five Step Prayer Model for Kids* from Vineyard Resources.*

0
min



CHALLENGE PAPER

Each lesson has a take-home paper to get the lesson and concepts into the hands of the parents and encourage family discussion.

Purpose: kids connect what they've been learning at church to what their parents are doing at home.

The Challenge Paper has activities and puzzles related to the lesson that kids can do at home. The parent checks that their kid has recited the point and the Bible verse, and signs off that they've done the activity. More interactions mean more opportunities for parents to make connections with what their kids are learning!

TIP: *Whenever kids return completed Challenge Papers, their group could earn points toward a desired reward. When the pre-established point goal is achieved, the whole group gets the reward. So, the more kids return their Challenge Pages, the more quickly rewards are earned!*

BUILD YOUR PERFECT LESSON:

- 5 min**  **WELCOME**
- 5 min**  **SKIT**
- 10 min**  **LOW ENERGY ACTIVITY**
- 20 min**  **LARGE GROUP LESSON**
- 15 min**  **SMALL GROUP LESSON**
- 10 min**  **WORSHIP**
- 15 min**  **CRAFT ACTIVITY**
- 5 min**  **MINISTRY TIME**
- 15 min**  **HIGH ENERGY GAME**
- 0 min**  **CHALLENGE PAPER**

Examples of possible configurations:

LARGE GROUP - 25 minutes



SMALL GROUP - 30 minutes



LARGE GROUP - 50 minutes



SMALL GROUP - 25 minutes



ONE GROUP - 60 minutes





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