

# STAND UP

What does it mean to stand up for something? It means that you believe in it, it's important to you. Standing is an action – you DO it. Standing up for something is active, too. We not only believe in it, we DO something about it!

In today's world, it can be confusing for kids to identify what really deserves their active support. So, we look to the example of Jesus! And to follow His example, we STAND UP for the same things He did. In this series, we're going to see how Jesus stood up for JUSTICE, KINDNESS, PEACE, LOVE, and JOY, and we can too!

Each of the five lessons, based on one of these qualities, is built around these components:

- Welcome & Pre-Teach
- Bible teaching on the day's topic
- Examples of how to apply it to their everyday lives
- Group discussion questions that encourage higher thinking skills
- A "Go Live It Out" Challenge for each lesson providing a fun application activity

## LESSON OVERVIEW

**LESSON 1: JUSTICE** Kids will discover that JUSTICE is doing the right thing for people, which looks like treating EVERYONE – family, friends, enemies(!) – equally with dignity and generosity.

**LESSON 2: KINDNESS** Kids will learn about KINDNESS: "being friendly, generous and considerate," and COMPASSION: "feeling sympathy for other people's suffering AND a desire to help," like the Samaritan had for his injured enemy in Jesus' story of The Good Samaritan.

**LESSON 3: PEACE** In the Bible, the PEACE we see Jesus standing up for most often is personal peace: "a quiet and calm state of mind, or a stress-free state of calmness and security."

Kids will explore ways to STAND UP against all the worries and lies life throws at them every day and replace them with what God says is truth.

**LESSON 4: LOVE** Every aspect of Jesus' life displayed God's LOVE. Kids will discover that everything God does is love and is done out of love. He loves each one of us and we can share that love with others.

**LESSON 5: JOY** The JOY Jesus gives is a feeling of happiness deep down in our souls. It doesn't go away even when things in our lives aren't perfect. Kids will learn that freedom and joy go together, and will explore ways they can help others find the freedom and joy Jesus offers.